



SMP Before and After Care Information Sheet

Before and after care of your Scalp micropigmentation is vital for longevity of the pigment and overall satisfaction of the end result.

1 week prior to your service, please exfoliate your scalp with an exfoliating mitt and apply moisturiser. This is to be done weekly following your service of SMP.

Following the SMP procedure you may experience some tenderness, redness and some peeling of skin. Please follow these instructions:

- Do not scratch the dry skin off as this may remove pigment. Apply Bepanthen twice daily for 5 days or until healed.
- Do not shampoo your hair for 5 days.
- Warm water may be used to rinse your head after 3 days.
- Do not apply any product containing Minoxidil for at least 7 days.
- Do not apply any styling products for at least 7 days.
- Do not swim in a chlorinated pool or sea water for at least 7 days.
- Avoid excessive sweating for 7 days.
- Once healed, always wear sunscreen when outdoors, such as Neutrogena Ultra Sheer face 50+ matte look.
- If you experience excessive itching or swelling or any blistering or other complications post procedure, stop using your aftercare product and call your practitioner immediately. You may be allergic to your aftercare product.
- If you have excessive redness, swelling or an elevated temperature, please contact your doctor and practitioner as the area may be infected (extremely rare).

Your SMP will require 3 - 4 sessions to achieve the desired results. Fading of the pigment is expected in between the sessions.

If at any time you are unsure, please contact your practitioner.